

DISCOVER

The True Spirit of Cuba

WITH WILSON COLLEGE ALUMNAE TOUR
March 11-15, 2015





COME TO CUBA WITH

*Alumnae Association
of Wilson College*

The alumnae travel experience helps strengthen a bond between alumnae: a bond built on the desire for self-discovery, adventure, and learning. Travel to Cuba with fellow Wilson College Alumnae on an exclusive guided tour with Insight Cuba, the leading provider of legal people-to-people travel to Cuba. Strengthen connections with like-minded alumnae as you share a whole new experience by visiting a country previously off limits to Americans.

Our 5 day/4 night tour is focused in Havana with its rich architectural history and warm people. Highlights include a guided tour of Hemingway's home, visits in Old Havana, a UNESCO World Heritage Site, and more. Don't miss this once-in-a-lifetime opportunity.



DISCOVER CUBA

With the Experts

Insight Cuba is the proven leader in legal people-to-people travel.

Insight Cuba specializes in this once-in-a-lifetime destination for Americans. It's the only destination they offer, and the only thing they do. Simply said, they do Cuba better than anyone else.

Insight Cuba has in-country experience that's unmatched in the industry. As pioneers in people-to-people travel to Cuba, they've successfully brought more than 10,000 Americans to this fascinating island country—making them the largest and most highly esteemed organization specializing in people-to-people travel to Cuba.

The exceptional travel experience they provide is built on more than a decade of detailed research, comprehensive knowledge of Cuba, and long-established relationships there. Insight Cuba has explored Cuba extensively. Their connections and friendships in the country allow them to create unforgettable travel experiences and lifelong memories for each guest.

insightCUBA
Discover Cuba Through Its People

insightcuba.com : 800-450-2822

THE WILSON COLLEGE ALUMNAE TOUR

HAVANA



5 DAYS | 4 NIGHTS

MARCH 11–15, 2015

THE WILSON COLLEGE ALUMNAE TOUR IN CUBA IS FAR MORE THAN A MERE BRUSH WITH EXOTIC CULTURE – it's a full-on immersive discovery allowing you to not only pay witness to Cuba's dynamic rhythm and color, but to dive right in and become part of the canvas.

After you arrive, you'll be throwing back the curtain on this vibrant city and discovering, at long last, how its jovial soul has the power to delight and inspire you.

Like the fiery salsa rhythms that can be heard rippling through its city streets, Havana springs to life with warmth and vivaciousness that never stops taking you by surprise. Removed from the quiet fields of sugar cane and mango trees that thrive further afield, Cuba's largest city is an urban metropolis—a place of rambling Colonial architecture, endless adventure and unfettered discovery. It's where a trip to this Caribbean country, long forbidden to U.S. travelers, truly begins.

TOUR HIGHLIGHTS

- ▶ Visit **Ernest Hemingway's** home
- ▶ Meet the residents of the Muraleando **community art project**
- ▶ Dine at one of Anthony Bourdain's favorite **Cuban restaurants**
- ▶ Stroll along Havana's famous seaside **Malecón**





SAMPLE ITINERARY*

DAY 1 : MIAMI :

our trip begins in Miami at the Sofitel Miami Airport hotel, where your small group of traveling companions will gather for an important early evening briefing and cocktail reception. Reception begins at 6:30pm ET.

Meals | Enjoy dinner on your own and at your leisure

DAY 2 MIAMI HAVANA

Following breakfast at the hotel, you'll board your charter flight to Havana. After clearing immigration and customs, your Cuban guide and Insight Cuba tour leader will accompany you to the country's capital. On your way, you will discover breathtaking colonial buildings, the picturesque, seaside Malecón and other quintessential sites. You'll see prominent landmarks, scenic squares and locals going about their daily routines as you drive through the streets dotted with Russian-built Ladas and a rainbow's-worth of vintage American cars.

For your first stop in Cuba, we'll visit the small town of Jaimanitas to meet renowned artist Jose Fuster. Known as the Picasso of the Caribbean, he has turned his home and community into a living art gallery that has transformed old facades into colorful murals.

After a late lunch, we'll check-in to your hotel and get acquainted with your Cuban guide and Insight Cuba tour leader. Following your program orientation, celebrate your arrival with a fantastic welcome dinner in Havana at La Ferminia.

Meals | Breakfast, Lunch, Dinner

DAY 3 HAVANA

After breakfast at the hotel, you'll meet your host this morning from an institute that promotes friendship between nations. After, you'll enjoy an enchanting walking tour of historic "Old Havana" on your way to the architectural restoration school.

At the school, you'll meet with students and professors. This unique institution and trade school was established in 1992, in an effort to train the local youth in the arts, crafts, and theoretical knowledge necessary to rehabilitate and preserve their rich architectural heritage. You'll enjoy lunch alongside Havana

harbor at El Templete Afterwards, you'll visit a local farmer's market and explore the rich colors and aromas while learning about government rations, the changing free markets in local farming, and how Cubans shop for food. You'll also learn first hand about Cuba's dual currency, the Cuban convertible peso and the Cuban peso.

Next, you'll have a rare insider's look at the music industry in Cuba, during a visit to a Cuban recording studio where Havana's-largest artists create Cuba's world renowned rhythms. Enjoy dinner at a local paladar of your choice.

Meals | Breakfast, Lunch, Dinner

DAY 4 HAVANA

enjoy breakfast at the hotel before joining a riveting discussion on U.S.-Cuban Relations with one of Cuba's finest professors. Explore the similar and contrasting political, legal and cultural components that have contributed to the present relationship-between both nations.

Next you'll make a special visit to Ernest Hemingway's home in Cuba, Finca Vigia, and learn from a local specialist about his life and times in Cuba, where he created some of his most well-known works including, *For Whom the Bell Tolls* and *The Old Man and the Sea*.

After leaving Hemingway's home, you'll meet with local artists at Muraleando, a community project and see this unique piece of living artwork.

Enjoy lunch at El Aljibe, known for its chicken, and made famous by Anthony Bourdain during his recent visit to Cuba.

After lunch, you'll visit with the visionary director and gifted members of an internationally renowned Cuban choir group. Indulge in a private, world class performance before discussing the personal histories that brought this exceptionally talented group to national stardom.

Share your favorite stories about your time in Cuba with your travel mates during a farewell dinner at Café Oriente.

Meals | Breakfast, Lunch, Dinner

DAY 5 HAVANA MIAMI ¡Adios Cuba!

After breakfast, bid farewell to Cuba as you board your flight home.

Meals | Breakfast

* A significant portion of your in-country programming is customized for each group to maximize your cultural experience. Many of the places we visit are not tourist destinations and are thus not always available. Therefore, this program should be considered as a sample only—please keep in mind that your particular tour may vary. Final itineraries are sent to guests one to two weeks prior to departure.

**Each guest will be provided a list of Insight Cuba staff's favorite paladars, restaurants, and night spots, to explore at your leisure. These meals are not included in the tour fee.

THE WILSON COLLEGE ALUMNAE TOUR

Incredible Value

TOUR INCLUDES:

- ▶ Superior accommodations at the Meliá Cohiba while in Havana
- ▶ Expert local Cuban guide and experienced Insight Cuba tour leader
- ▶ Insight Cuba exclusive guided programming, including:
 - Unique handpicked people-to-people activities
 - Insider access to Cuba's famous places, and those rarely seen
 - Private visits and lectures with Cuba's renowned experts
- ▶ All meals while in Cuba
- ▶ Small group size of 24 or less
- ▶ U.S. Department of the Treasury license and Insight Cuba letter of authorization
- ▶ All entrance fees to scheduled activities and events
- ▶ All in-country ground transportation and airport transfers
- ▶ Gratuities for luggage handling, restaurant service, and programmed activities throughout tour*
- ▶ Fresh bottled water while touring
- ▶ Travel health insurance, emergency medical evacuation, and trip cancellation coverage (up to \$1,000 included)
- ▶ Insight Cuba travel guidebook
- ▶ 24-Hour emergency customer-service hotline

Not included: Cuban airport departure tax (\$25 CUC), baggage fees for additional checked bag, domestic flight to Miami, and flight package

**Customary end-of-tour gratuities for the Cuban guide, driver, and tour leader are left to the guest's discretion and should be based on the guest's satisfaction with the level of service received.*

March 11–15, 2015

WILSON COLLEGE ALUMNAE TOUR

\$2,995

Per person double-occupancy. For single-occupancy, add \$400.

**CONTACT INSIGHT CUBA
FOR MORE INFORMATION OR TO BOOK YOUR TRIP**

800-450-2822

insightcuba.com/custom-group-travel



FLIGHT PACKAGE

\$595

Includes:

- Round-trip air from Miami to Havana
- Priority check-in at Miami International Airport
- Cuban visa
- Baggage fee for first checked bag

TRAVEL WITH CONFIDENCE

Accolades in the Press



"For half a century, the vast majority of Americans have been barred from traveling to Cuba ... With Insight Cuba, visitors interact with ordinary Cubans and get a taste of the forbidden fruit."

– SHASTA DARLINGTON, CNN, AUGUST 11, 2011



Within minutes of our arrival in the living-room-turned-museum, we're comrades in arms — picking up the finer points of swing, boogieing to vinyl recordings of Sonny Rollins and Dizzy Gillespie, and discovering the true meaning of people to people."

– LAURA BLY, *usa today*, JUNE 22, 2012

ALSO SEEN IN

Insight Cuba has received high praise from over 150 news outlets including:

The New York Times

The Miami Herald

CBS NEWS

Fodor's

San Francisco Chronicle

The Washington Post

Flights & Accommodations



ABOUT FLIGHTS TO CUBA

Insight Cuba books your international flights to Cuba from Miami using a licensed charter company authorized to provide U.S. citizens with legal flights direct to Cuba. This is why you won't find these flights available online or through a commercial U.S. airline.

All guests are responsible for domestic airfare to Miami International Airport, and we usually recommend that our guests arrive in Miami the night before, as many departures and check-in times are early in the morning. The flight from Miami to Havana takes approximately 45 minutes.



ACCOMMODATIONS

Since 2000, Insight Cuba has carefully sought out accommodations that are centrally located and provide the best rooms and service available. In Havana, we'll be staying at the Meliá Cohiba. Enjoying a choice location just off the famous Malecón seaside walkway and overlooking the Gulf of Mexico in the modern Vedado district, the majestic Meliá Cohiba is a 5-star member of Spain's renowned Meliá chain.

*“Cuba takes a hundred
lifetimes to understand,
but only a moment
to fall in love.”*

-D. SMITH



Insight Cuba
2 Clinton Place
New Rochelle, NY 10801
800-450-2822

insightcuba.com

