

Learn From Professors Who
Test Limits in Class and in Life

DR. TONY VARELA

DPT, PHD, OCS, FAAOMPT

Your DPT Professor:

Obstacle Course Racer in World's Toughest Mudder

Dr. Varela embraces every learning opportunity as a challenge. He has more than 25 years of experience in clinical and academic settings and leads by creating alignment, adapting to change, and serving with purpose.

He is especially interested in mind/body rehabilitation methods, exploring how mindfulness can facilitate healing, improve self-awareness, and support positive outcomes.

Academic Conferrals:

- Bachelor of Science in Physical Therapy
- Master of Health Science
- Doctor of Physical Therapy
- Doctor of Philosophy in Human Behavior
- Countless other healthcare certifications

Ask him about his experience racing in a 24-hour obstacle course, and how that shaped his views on human performance.

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ACCREDITATION:

Wilson College is seeking accreditation of a new physical therapist education program from CAPTE. The program is planning to submit an Application for Candidacy, which is the formal application required in the pre-accreditation stage, on November 1st, 2026. Submission of this document does not ensure that the program will be granted Candidate for Accreditation status. Achievement of Candidate for Accreditation status is required prior to implementation of the professional phase of the program; therefore, no students may be enrolled in professional courses until Candidate for Accreditation status has been achieved. Further, though achievement of Candidate for Accreditation status signifies satisfactory progress toward accreditation, it does not assure that the program will be granted accreditation.