

**Keri L. Kytola, Ph.D.**  
Assistant Professor of Psychology

Wilson College  
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Chambersburg, PA 17201

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**EDUCATION**

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**Ph.D., Experimental Psychology** May 2018

Emphases: Cognition and Human Development  
Dissertation: The Effects of Performance Predictions  
and Cue Focality on Prospective Memory Performance.  
Advisor: Dr. Celinda Reese-Melancon  
Oklahoma State University

**M.S., Experimental Psychology** December 2015

Thesis: Can Performance Predictions Improve Prospective  
Memory Performance and Does Type of Prediction Matter?  
Advisor: Dr. Celinda Reese-Melancon  
Oklahoma State University

**B.S., Psychology** May 2013

Minor: Sociology  
Louisiana State University

**TEACHING EXPERIENCE**

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**Assistant Professor**

Learning Principles and Applications Spring 2019

- Developed and presented lectures on the scientific field of learning and behaviorism
- Organized and conducted various interactive in-class demonstrations to exhibit how learning and conditioning occur in animals and humans
- Prepared and graded examinations and writing assignments

**Assistant Professor**

Evolutionary Psychology Spring 2019

- Developed and presented lectures on a vast array of topics related to the field of evolutionary psychology
- Moderated in-class, student-led discussions and assessed the theoretical/applied implications of prepared questions
- Prepared and graded examinations, and assessed end-of-term oral presentations on a number of in-depth topics related to evolutionary psychology

**Assistant Professor**

Fall 2018 – Spring 2019

## Introductory Psychology

- Developed and presented lectures on a vast array of topics related to the field of psychology
- Adapted and created and administered hands-on activities to explain how various psychological factors influence human behavior
- Prepared and graded quizzes, examinations, and writing assignments

**Assistant Professor/Laboratory Instructor**

Fall 2018

## Biopsychology

- Developed and presented lectures on a vast array of topics related to the field of biological psychology
- Adapted and created, guided, and graded in-lab exercises
- Prepared and graded examinations and assessed end-of-term writing assignments and oral presentations on a number of in-depth topics related to biological psychology

**Assistant Professor**

Summer 2018

## Psychology of Aging

- Developed and presented lectures on the theoretical and applied aspects of human aging
- Adapted and created and implemented engaging online activities to explain how various psychological factors influence the aging process in late adulthood
- Prepared and graded electronic quizzes, examinations, and writing assignments

**Instructor**

Spring 2018

## Cognitive Psychology

- Developed and recorded video lectures on a wide range of topics including, but not limited to: history of cognitive psychology, models of cognitive psychology, and the basic principles and theories pertinent to the subfields of perception, attention, neurocognition, memory, knowledge, thinking, and language
- Adapted and created and implemented engaging online activities to explain how various psychological factors influence human cognition and behavior
- Prepared and graded electronic quizzes, examinations, and writing assignments

**Laboratory Instructor**

Fall 2017 – Spring 2018

## Experimental Psychology

- Developed and presented lectures on the theoretical and applied aspects of research design
- Guided the development of scientific research ideas and provided feedback on a written research proposals and academic poster presentations
- Prepared and graded in-lab exercises, examinations, and writing assignments

**Instructor**

Fall 2017 – Spring 2018

## Introductory Psychology

- Developed and recorded video lectures on a wide range of topics including, but not limited to: history of psychology, research methods, neuroscience, memory/cognition, learning/behaviorism, language/thought, development, personality, social psychology, and psychological disorders
- Adapted and created and implemented engaging online activities to explain how various psychological factors influence human behavior

- Prepared and graded electronic quizzes, examinations, and writing assignments

**Instructor**

Fall 2016 – Spring 2017

Psychology of Memory

- Developed and presented lectures on the scientific study of human memory and learning
- Organized and conducted various interactive in-class demonstrations to exhibit how human memory functions
- Prepared and graded assignments, quizzes, and examinations

**Instructor**

Fall 2014 – Spring 2016

Introductory Psychology

- Developed and presented lectures on a vast array of topics related to the field of psychology
- Adapted and created and administered hands-on activities to explain how various psychological factors influence human behavior
- Prepared and graded quizzes, examinations, and writing assignments

**Teaching Assistant**

Psychology of Memory

Summer 2014

Psychology of Language Development

Spring 2014

Evolutionary Psychology

Spring 2014

Multicultural Psychology

Fall 2013

Developmental Psychology

Fall 2013

Introductory Psychology

Fall 2013

- Assisted the professor/instructor with preparing and grading assignments
- Provided guest lectures as needed

**MENTORING EXPERIENCE**

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Faculty mentor and academic/research advisor of 2 undergraduate students and academic advisor of 3 undergraduate students

Fall 2019

Faculty mentor and academic/research advisor of 1 undergraduate student

Spring 2019

Faculty mentor and research co-advisor of 1 undergraduate honor's student

2018 – 2019

Graduate student mentor for 2 – 3 undergraduate teaching assistants per semester

2014 – 2016

Graduate student mentor for 1 undergraduate student in the National Science Foundation (NSF) Research Experiences for Undergraduates (REU) Program

Summer 2014

Graduate student mentor for 3 undergraduate students  
in the Psychology Diversified Students Program (PDSP) 2013 – 2016

Graduate student supervisor for 5 – 10 undergraduate  
research assistants per semester 2013 – 2018

## **PROFESSIONAL EXPERIENCE & SERVICE**

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Franklin County Science and Technology Fair Judge Spring 2019  
Psychology Program Co-Coordinator Fall 2018 – Present  
Ad-Hoc Reviewer, *Current Psychology* Fall 2017 – Present  
Ad-Hoc Reviewer, *The Clinical Neuropsychologist* Summer 2017  
Psychology Department Curriculum Assessment Assistant Fall 2015 – Summer 2018  
Psychology Graduate Student Association Department Representative Spring 2013 – Spring 2015

## **RESEARCH EXPERIENCE & METHODS**

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**Collaborative Research Experience for Undergraduates** Spring 2019

- Trained and supervised an undergraduate student in basic research methodology, statistics, and writing
- Organized and analyzed archival data collected from younger and older adults, including repeated-measures designs
- Drafted a conference abstract and poster

**Laboratory Coordinator/Research Assistant** 2013 – 2018

- Designed and conducted lab-based and online experiments
- Collected observational and questionnaire data one-to-one from younger and older adults, including repeated-measures designs
- Trained and supervised undergraduate and graduate research assistants
- Drafted conference abstracts, posters, and manuscripts

**Research Assistant** 2011 – 2013

- Collected observational and questionnaire data one-to-one from children and younger adults
- Organized and audited data collection portfolios
- Recorded experimental stimuli and pilot tested programs in ePrime
- Drafted conference abstracts and posters

## Research Methods

- Quantitative analysis in SPSS (e.g., ANOVA, Regression)
- Qualitative analysis in Qualitative Grounded Theory using Team-Based Coding (e.g., audio interview transcription interpretation and discussion)
- Survey design/administration in Qualtrics

## ADVANCED QUANTITATIVE TRAINING

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### Graduate Courses Completed

Missing Data Analysis in Behavioral Studies	Fall 2016
Applied Multivariate Research in Behavioral Studies	Fall 2015
Multiple Regression Analysis in Behavioral Studies	Spring 2015
Research Design in Behavioral Studies	Fall 2014
Quantitative Methods in Psychology I & II	Fall 2013 – Spring 2014

## PEER-REVIEWED PUBLICATIONS

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### Journal Articles

Reese-Melancon, C., Harrington, E., & **Kytola, K. L.** (2019). *How did I remember to do that? Self-reported strategy use for laboratory prospective memory tasks.*

**Kytola, K. L.**, Reese-Melancon, C., & Harrington, E. (In preparation). *Dissertation Paper.*

**Kytola, K. L.**, & Reese-Melancon, C. (In preparation). *If I believe it, can I achieve it? An investigation of the reactive effects of performance predictions on prospective memory performance.*

**Kytola, K. L.**, & Reese-Melancon, C. (In preparation). *I think I can: On the accuracy of performance predictions for prospective and retrospective memory tasks.*

### Book Chapters

**Kytola, K. L.**, Cherry, K., Marks, L., & Hatch, T. (2015). When neighborhoods are destroyed by disaster: Relocate or return and rebuild? In Eds. *Traumatic stress and long-term recovery: Coping with disasters and other negative life events.* (pp. 211-229) Springer International Publishing, Cham.

Hatch, T., Cherry, K., **Kytola, K. L.**, Lu, Y., & Marks, L. (2015). Loss, chaos, survival, and despair: The storm after the storms. In Eds. *Traumatic stress and long-term recovery: Coping with disasters and other negative life events.* (pp. 231-245) Springer International Publishing, Cham.

## Abstracts

- Hatch, T., Lu, Y., Marks, L., Cherry, K., **Kytola, K. L.**, Johnson, T., Ballard, S. & Pinkston, B. (2013). *Perceived positive outcomes in disaster survivors after the 2005 Hurricanes Katrina and Rita. The Gerontologist, 53* (S1), p. 109.
- Lu, Y., Hatch, T., Marks, L., Cherry, K., **Kytola, K. L.**, Johnson, T., Allen, E., & Benedetto, T. (2013). *Faith helps me through: Religious coping in disaster survivors in the years after the 2005 Hurricanes Katrina and Rita.* Gerontological Society of America, New Orleans, LA. *The Gerontologist, 53* (S1), p. 157.

## INVITED LECTURES & PRESENTATIONS

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- Kytola, K. L.** (April, 2020). *Cognitive aging.* Lecture to be presented at the Institute for Retired Persons at Wilson College, Chambersburg, PA.
- Kytola, K. L.** (November, 2018). *Physical, cognitive, and socioemotional development in adolescence.* Two lectures presented in Dr. Steven Schmidt's Lifespan Development class at Wilson College, Chambersburg, PA.
- Reese-Melancon, C., **Kytola, K. L.**, & Harrington, E. (February, 2018). *Successful aging: Cognition, social engagement, and technology.* Lecture presented at the Osher Lifelong Learning Institute, City of Stillwater Public Library, Stillwater, OK.
- Kytola, K. L.** (September, 2017). *Reducing math anxiety: Cognitive and behavioral tricks of the trade.* Panel discussion presented at the 11<sup>th</sup> Oklahoma Network for Teaching of Psychology, Cameron University, Lawton, OK.
- Kytola, K. L.** (March, 2017). *Can performance predictions improve prospective memory performance and does type of prediction matter?* Departmental colloquium presented at Oklahoma State University, Stillwater, OK.

## CONFERENCE PRESENTATIONS

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- Pasaribu, J.\*, & **Kytola, K. L.** (May, 2019). *Remembering to Remember: Prospective Memory in Older Adults.* Poster presented at the 10<sup>th</sup> Wilson College Student Research Day, Chambersburg, PA.
- Reese-Melancon, C., Harrington, E. & **Kytola, K. L.** (November, 2018). *How did I remember to do that? Self-reported strategy use for laboratory prospective memory tasks.* Poster presented at the 59<sup>th</sup> Psychonomic Society, New Orleans, LA.
- Reese-Melancon, C., Margrett, J., **Kytola, K. L.**, Harrington, E. (May, 2018). *Collaborative prospective memory: Do older couples help each other remember their intentions?* Poster presented at the Biannual Cognitive Aging Conference, Atlanta, GA.

- Kytola, K. L.**, Reese-Melancon, C., & Hancock, T. (November, 2017). *If I believe it, can I achieve it? On the reactive effects of prospective memory performance predictions*. Poster to be presented at the 58<sup>th</sup> Psychonomic Society, Vancouver, British Columbia, Canada, and at the 35<sup>th</sup> Oklahoma Psychological Society, Edmond, OK.
- Kytola, K. L.**, Jordan, E., Hall, E., Reese-Melancon, C., & Thomas, D. (May, 2017). *Motivation, learning strategies, and time management as predictors of academic performance in college freshmen*. Poster presented at the 29<sup>th</sup> Association for Psychological Science, Boston, MA.
- Kytola, K. L.** & Reese-Melancon, C. (November, 2016). *Memory self-efficacy: The effects of type of task and method of measurement*. Poster presented at the 57<sup>th</sup> Psychonomic Society, Boston, MA.
- Kytola, K. L.**, Jordan, E., Hall, E., Reese-Melancon, C., & Thomas, D. (September, 2016). *An investigation of first-year students' writing performance in introductory psychology courses*. Poster presented at the 10<sup>th</sup> Oklahoma Network for Teaching of Psychology, Stillwater, OK.
- Kytola, K. L.**, Jones, T., Terry, C., & Reese-Melancon, C. (August, 2016). *Can performance predictions improve prospective memory and does type of prediction matter?* Poster presented at the 124<sup>th</sup> American Psychological Association Convention, Denver, CO.
- Harrington, E., Jones, T., **Kytola, K. L.**, & Reese-Melancon, C. (August, 2016). *The effects of social familiarity on prospective memory performance*. Poster presented at the 124<sup>th</sup> American Psychological Association Convention, Denver, CO.
- Kytola, K. L.**, Harrington, E., Followill, A., & Reese-Melancon, C. (February, 2016). *Do memory beliefs affect nonfocal prospective memory performance?* Poster presented at the 27<sup>th</sup> Research Symposium, Stillwater, OK.
- Reese-Melancon, C., Hancock, T., **Kytola, K. L.**, & Kominsky, T. (November, 2015). *The effects of cue focality and context expectation on prospective memory performance*. Poster presented at the 56<sup>th</sup> Psychonomic Society, Chicago, IL.
- Reese-Melancon C., Davoli, C., **Kytola, K. L.**, Smith, K., & Multhaup, K. (November, 2014). *Does visual attention have a different relationship with focal and nonfocal prospective memory?* Poster presented at the 55<sup>th</sup> Psychonomic Society, Long Beach, CA.
- Harrington, E., **Kytola, K. L.**, & Reese-Melancon, C. (July, 2014). *Effects of familiar versus unfamiliar others on prospective memory performance*. Poster presented at the National Science Foundation Research Education for Undergraduates Symposium, Stillwater, OK.
- Ryker, K., Lyon, B., Nezat, P. F., Sampson, L., Holland, K., **Kytola, K. L.**, Marks, L., Cherry, K. (March, 2014). *Assessing religiosity after disaster: The religiosity questionnaire*. Poster presented at the 11<sup>th</sup> Life Course and Aging Center, Baton Rouge, LA.
- Lu, Y., Hatch, T., Benedetto, T., Ballard, S., **Kytola, K. L.**, Johnson, T., Allen, E., Pinkston, B., Marks, L., & Cherry, K. (February, 2013). *Faith keeps you strong: Religious coping in the aftermath of Hurricanes Katrina and Rita*. Poster presented at the 10<sup>th</sup> Life Course and Aging Center, Baton Rouge, LA.

Hatch, T., Lu., Y., Johnson, T., Allen, E., Pinkston, B., Ballard, S., **Kytola, K. L.**, Benedetto, T., Marks, L., & Cherry, K. (February, 2013). *On seeing silver linings: The role of Hurricanes Katrina and Rita in long-term recovery and personal development*. Poster presented at the 10<sup>th</sup> Life Course and Aging Center, Baton Rouge, LA.

Elliott, E., Hughes, R., Macken, W., Briganti, A., & **Kytola, K. L.** (November, 2012). *Role of serial order in auditory distraction in children and adults*. Poster presented at the 53<sup>rd</sup> Psychonomic Society, Minneapolis, MN, and at the 4<sup>th</sup> Undergraduate Research Conference, Baton Rouge, LA.

\*denotes student

### **AWARDS, FELLOWSHIPS, & GRANTS**

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Vickie M. Little Graduate Student Teaching Award Oklahoma State University	2017
Women's Faculty Council Graduate Student Research Award Oklahoma State University	2017
Psychology Graduate Student Association Travel Award Oklahoma State University	2017
First Place, Graduate Student Poster Presentation Award Oklahoma Psychological Society	2017
Graduate Student Government Association Travel Award Oklahoma State University	2017
Preparing Future Faculty in Psychology Program Fellow Oklahoma State University	2016 – 2018
First Place, Graduate Student Poster Presentation Award American Psychological Society, Division 3	2016
Three Minute Thesis Student Finalist Award Oklahoma State University	2016
Graduate Student Government Association Travel Award Oklahoma State University	2016
Graduate Student Government Association Travel Award Oklahoma State University	2015



## **WORKSHOPS & CERTIFICATIONS**

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Institute for Teaching and Learning Excellence Teaching with Technology Workshop for Educators, Stillwater, Oklahoma	June 2017
American Psychological Association Becoming a Master Mentor Online Webcast	June 2017
Association for Psychological Science and Society for the Teaching of Psychology Teaching Institute for Educators, Boston, Massachusetts	May 2017
1 <sup>st</sup> Annual Best Practices in Online Teaching Workshop for Educators, Stillwater, Oklahoma	May 2017
1 <sup>st</sup> Annual Oklahoma Learning Innovations Summit Online Teaching Workshop for Educators, Edmond, Oklahoma	April 2017
Institute for Teaching and Learning Excellence Online Teaching Workshop for Educators, Stillwater, Oklahoma	June 2016

## **PROFESSIONAL AFFILIATIONS**

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Oklahoma Psychological Society	2017 – 2018
Oklahoma Network for Teaching of Psychology	2015 – 2018
International Association for Metacognition	2014 – Present
Oklahoma State University Psychology Graduate Student Association	2013 – 2018
Association for Psychological Science	2013 – Present
American Psychological Association, Divisions 2, 3, & 20	2013 – Present
Psychonomic Society	2012 – Present
Mortar Board National College Senior Honor Society	2012 – Present
Psi Chi International Honor Society in Psychology	2011 – Present
National Society of Collegiate Scholars	2011 – Present

## **COMMUNITY SERVICE & VOLUNTEERING**

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Hustle 4 Health Walk & Run	Spring 2019
Tiny Paws Kitten Rescue	2016 – 2018
East Baton Rouge Parish Library	2012 – 2013