

Steven D. Schmidt

Curriculum Vitae

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EMPLOYMENT

Wilson College, Chambersburg, PA (2013-present)

Assistant Professor of Psychology

Current Teaching

Social Psychology (w/Lab)	Senior Theses
Experimental Research Methods (w/Lab)	Understanding Statistics
Psychology of Gender	Psychology of Human Sexuality
Health Psychology (w/Service learning)	Risk and Resilience

Current Research

Posttraumatic Growth

Description: This line of research involves several approaches to studying posttraumatic growth. What started as the focus of my graduate research, posttraumatic growth remains a priority in my research as a professor. Much of my research has investigated posttraumatic growth in samples of college students, and my methodology allows for a better understanding how coping, support, and attachment influence posttraumatic growth. Presently, I am furthering my research on posttraumatic growth by investigating these factors in a representative sample of community residents.

Campus Climate Survey on Sexual Assault

Description: Descriptive study on sexual misconduct, sexual assault, intimate partner violence, and bystander attitudes of college students.

Internet Information Literacy Study

Description: Evaluation of how individuals evaluate sources and content of online posts typical of those found of social media and news portal websites.

Service

Institutional Review Board Chair (2015 - present)
Institutional Review Board Member (2014 - 2015)
Mellon Grant Steering Committee (2016 - present)
Phi Beta Kappa Induction Committee (2014 - present)
Psychology Club Advisor (2013 - present)
Allies Club Co-Advisor (2017 - present)
Freshmen and Major Advising (2014 - present)
Title III Steering Committee (2015 - 2017)
Curriculum Committee Chair (2016 - 2017)
Events Committee (2016)
Bylaws Committee (2015 - 2016)
Division Personnel Committee (2015 - 2016)
Psychology Department Chair (2015 - 2016)

Assessment Committee (2015 - 2016)
Joint Honor Council Chair (2015 - 2016)
Joint Honor Council Member (2014 - 2015)
Search Committee, Director of Institutional Effectiveness (2017)
Search Committee, Digital Scholarship Librarian (2017)
Search Committee, User Support Specialist (2016, 2018)
Search Committee Chair, Assistant Professor of Psychology (2015, 2017)
Search Committee, Learning Commons Manager (2015)
Search Committee, Associate VP Technology & Library Services (2015)
Drama Club Advisor (2014 - 2015)

EDUCATION

University of Connecticut, Storrs, CT

May, 2013 Ph.D. Human Development and Family Studies
Graduate Certificate in Health Psychology
Graduate Certificate in Quantitative Research Methods
Graduate Certificate in College Instruction
Doctoral Dissertation: *Posttraumatic Growth in Young Adults: The Roles of Attachment, Coping, and Social Support*
Advisor: Thomas Blank, Ph.D.

University of Connecticut, Storrs, CT

August, 2010 M.A. Human Development and Family Studies
Master's Thesis: *The Relationship of Coping Strategy, Social Support, and Attachment Style with Posttraumatic Growth in Cancer Survivors*
Advisor: Thomas Blank, Ph.D.

Trinity College, Hartford, CT

May, 2008 B.S. Psychology
Honors in General Scholarship
Honors Thesis: *The Gender Light Switch: An Empirical Analysis of Men's Gender Role Expression in the Workplace and in Marriage*
Advisor: David Reuman, Ph.D.

Manchester Community College, Manchester, CT

May, 2005 A.S. General Studies
Summa Cum Laude, Salutatorian

PRIOR TEACHING EXPERIENCE

Spring 2013 Instructor: Gender and Aging, University of Connecticut, Greater Hartford, CT campus

Spring 2013 Visiting Faculty: Health Psychology, Trinity College, Hartford, CT

Fall 2012 Instructor: The Family-School Partnership, University of Connecticut, Storrs, CT and Hartford, CT campuses

- 2010-2012 Instructor: Research Methods in Human Development and Family Studies (W course), University of Connecticut, Storrs, CT
- Fall 2011 Instructor: Gender and Aging, University of Connecticut, Storrs, CT
- Fall 2011 Visiting Faculty: Applied Social Psychology, Trinity College, Hartford, CT
- 2010 Summer Teaching Institute in College Instruction, University of Connecticut. This Institute provides graduate students with a core course as a component of a significant credential in the area of instructional theory and practical competence.
- 2010 Winter Teaching Institute in College Instruction, University of Connecticut. "Teaching, Learning, Innovation and (Even) Enjoyment in Large Classes!"
- 2010 Teaching Practicum for an undergraduate Research Methods course. Supervisor: Keith Bellizzi, University of Connecticut, Storrs, CT.
- 2008 – 2010 Graduate Teaching Assistant for Research Methods, University of Connecticut. Supervisors: Charles Super, Ph.D. and Keith Bellizzi, Ph.D. Duties: Discussion section leader; grade papers, assignments, quizzes, and exams; develop assignments and quizzes; advise and tutor students.

JOURNAL ARTICLES

Schmidt, S. D., Blank, T. O., Bellizzi, K. M. & Park, C. L. (2018). Posttraumatic growth reported by emerging adults: A multigroup analysis of the roles of attachment, support, coping. *Curr Psychol*, DOI 10.1007/s12144-017-9670-0.

Bellizzi, K. M., Smith, A., **Schmidt, S. D.**, Keegan, T. H. M., Zebrack, B., Lynch, C. F., ... Simon, M. (2012). Positive and negative psychosocial impacts of being diagnosed with cancer as an adolescent or young adult. *Cancer*, 118, 5155-5162.

Schmidt, S. D., Blank, T. O., Bellizzi, K. M. & Park, C. L. (2012). The relationship of coping strategies, social support, and attachment style with posttraumatic growth in cancer survivors. *Journal of Health Psychology*, 17, 1033-1040.

Blank, T. O., **Schmidt, S. D.**, Vangsness, S. A., Monteiro, A. K., & Santagata, P. V. (2010). Differences among breast and prostate cancer online support groups, *Computers in Human Behavior*, 26, 1400-1404.

PRESENTATIONS

Cornelius, M., Feldberg, S., **Schmidt, S.**, & Woolley, L. (2018, May). *After the Khan Academy: Creating a College-Level Video and Text Repository on Writing*. Panel presented at the 2018 Mid-Atlantic Conference on College Composition & Communication. Virginia Commonwealth University, Richmond, VA.

- Hershey, B. & **Schmidt, S. D.** (2017, September). *Psychological Implications from Societal and Clinical Perspectives*. Talk presented at The Orr Forum 2017-18: The Anxiety Order, Wilson College, Chambersburg, PA.
- Chambers, S. & **Schmidt, S. D.** (2016, June). *The Influences of Weekly Exercise on Self-Reported Levels of Parental Stress Experienced*. Presented at the Pennsylvania Psychological Association's Annual Convention, Harrisburg, PA.
- Schmidt, S. D.** (2016, February). *Posttraumatic Growth in Emerging Adults: A Prospective Study*. Talk presented at the Board of Trustees Meeting, Wilson College, Chambersburg, PA.
- Schmidt, S. D.** (2015, September). *Climate Change Denial: A Psychological Perspective*. Talk presented at The Orr Forum 2015-16: Global Citizen's Confronting Climate Change Lecture Series, Wilson College, Chambersburg, PA.
- Schmidt, S. D.** (2014, August). *Life Satisfaction in College Students: The Roles of Prior Trauma, Coping, and Support*. Poster presented at the 122nd American Psychological Association Annual Convention, Washington, D.C.
- Schmidt, S. D.** (2014, April). *Emerging Adults' Reports of Posttraumatic Growth following Trauma versus College Transition*. Poster presented at the 35th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Philadelphia, PA.
- Schmidt, S. D.**, (2014, March). *Who am I? Life Schemas, Cognitive Dissonance, and Post-Trauma Adjustment*. Talk presented at the Humanity 2.0? The Orr Forum 2013-14 Lecture and Performance Series, Wilson College, Chambersburg, PA.
- Blank, T. O., **Schmidt, S. D.**, Koka, L., & Castellanos, M. (2014, February). *Knowledge and Beliefs about Cancer by College Students*. Poster presented at the 11th Annual Meeting of the American Psychosocial Oncology Society, Tampa, FL.
- Schmidt, S. D.** (2012, October). *Life Satisfaction Following Trauma Experienced During Adolescence: The Roles of Posttraumatic Growth, Support, and Coping*. Poster presented at the 2012 New England Psychological Association (NEPA) Annual Meeting, Worcester, MA.
- Blank, T. O., **Schmidt, S. D.**, & Park, C. L. (2012, June). *How has Cancer Challenged and Changed Me?: Reports of Young and Middle Aged Adult Cancer Survivors*. Poster presented at the American Cancer Society's 6th Biennial Cancer Survivorship Research Conference, "Cancer Survivorship Research: Translating Science to Care," Arlington, VA.
- Bellizzi, K. M., **Schmidt, S. D.**, Tagg, E., Colpitts, K. & Salner, A. L. (2012, April). *Individual and family factors associated with quality of life in survivors of colorectal cancer*. Poster presented at the 33rd Annual Meeting of the Society of Behavioral Medicine (SBM), New Orleans, LA.

Deans, T., Reiss, A., Miller, M., & **Schmidt, S. D.** (2012, March). *What can come of one-time WAC/WID orientations?* Workshop at the We Say/They Say: A Writing in the Disciplines Symposium, Hamden, CT.

Bellizzi, K. M., Smith, A., **Schmidt, S. D.**, Keegan, T., Zebrack, B., Lynch, C., Deapen, D., Shnorhavorian, M., & AYA HOPE Study Collaborative Group (2012, February). *Positive and negative life impact of being diagnosed with cancer as an adolescent or young adult.* Podium presentation at the American Psychosocial Oncology Society (APOS) annual meeting, Miami, FL.

Schmidt, S. D., Blank, T. O., Bellizzi, K. M. & Park, C. L. (2011, April). *Examining the relationship of coping strategies, social support, and attachment styles with posttraumatic growth in cancer survivors.* Poster presentation at the 32nd Annual Meeting of the Society of Behavioral Medicine (SBM), Washington, DC.

Blank, T. O., Park, C. L., & **Schmidt, S. D.** (2011, April). *Fear of recurrence as a challenge reported by young adult cancer survivors.* Paper presented in symposium, "Qualitative Accounts of Fear of Cancer Recurrence" at 32nd Annual Meeting of the Society of Behavioral Medicine (SBM), Washington, DC.

Schmidt, S. D., & Reuman, D. A. (2008, August). *The gender light switch: Men's gender role expression in the workplace and in marriage.* Poster presented at the annual meeting of the American Psychological Association, Boston, MA.

BOOK CHAPTERS

Blank, T. O., & **Schmidt, S. D.** (2012). Cyber support venues for cancer. In Z. Yan (Ed.). *Encyclopedia of cyber behavior: (3 Vol.)* (pp. 689-698). Hershey, PA: IGI Global.

Schmidt, S. D. (2010). Moving the tassel from the right to the left. In P. Sullivan, H. B. Tinberg, & S. D. Blau (Eds.), *What is "college-level writing"?: Assignments, readings, and student writing samples* (pp. 267-279). Urbana, Ill: National Council of Teachers of English.

CURRENT PROFESSIONAL MEMBERSHIPS AND ASSOCIATIONS

American Psychological Association (#90032572)

Division 02 *Teaching of Psychology*

Division 08 *Personality and Social Psychology*

Division 35 *Psychology of Women*

Division 38 *Health Psychology*

Society for Teaching of Psychology (#10415361)

Manuscript reviewer for: *Sex Roles*
Psycho-Oncology
Journal of Health Psychology
Journal of Clinical Psychology in Medical Settings
Quality of Life Research
Stress and Health
Journal of Psychosomatic Research

Journal of Aging and Human Development
International Journal of Behavioral Medicine
Annals of Behavioral Medicine
Current Psychology
Psychology and Health

Book reviewer for Oxford University Press: *Research Methods: From Theory to Practice*

Jack Kent Cooke Undergraduate Transfer Scholarship Faculty Representative

PRIOR RESEARCH EXPERIENCE

University of Connecticut, Storrs, CT

- 2012 – 2013 Bennett Education in Health and Society Training Initiative (BEST)
Supervisors: Thomas Blank, Ph.D. and Keith Bellizzi, Ph.D., M.P.H.
Duties: Mentoring undergraduate students in psychosocial health-related
research projects
- 2010 – 2013 Research Assistant.
Supervisor: Keith Bellizzi, Ph.D., M.P.H.
Duties: Recruitment, SPSS coding, data entry and analysis, report writing,
supervising undergrads in data entry and data analysis
- 2008 – 2013 Research Assistant.
Supervisor: Thomas Blank, Ph.D.
Duties: Recruitment, SPSS coding, data entry and analysis, report writing
supervising undergrads in data entry and data analysis
- 2012 Research Assistant.
Supervisor: Idethia Harvey, Ph.D., M.P.H.
Duties: Survey design, SPSS coding, data entry and analysis, report writing
- 2010 Research Assistant.
Supervisor: JoAnn Robinson, Ph.D.
Duties: Recruitment, data entry, and data analysis.

Institute for the Study of Secularism in Society and Culture, Hartford, CT

- Nov 2006 – Research Analyst
Aug 2009 Supervisor: Ariela Keysar, Ph.D.
Duties: Identify and recruit participants; web based survey design and
implementation; data management and analysis using SPSS, MS Excel,
MS Access, website development and maintenance.

Olin Neuropsychiatry Research Center, Hartford, CT

- Jan 2008 – Research Assistant
Aug, 2008 Coordinator of studies on nicotine and cocaine induced place preferences
using virtual reality
Supervisor: Robert Astur, Ph.D.
Duties: Recruitment of volunteers, data collection and analysis.

ACADEMIC MEMBERSHIPS

Phi Beta Kappa

Pi Gamma Mu

Psi Chi

Phi Theta Kappa

New England Region President: 2004 – 2005

Chapter President: 2003 – 2004;

Chapter Vice President: 2001 – 2003, 2004 – 2005

SELECTED ACADEMIC HONORS & AWARDS

2016 The Donald F. Bletz Award for Teaching

2013 The Paul Swain Havens Research Scholars Award. \$2,000 and one course release awarded annually to one faculty member to advance knowledge within his/her discipline.

2012 Graduate School Predoctoral Fellowship in Family Studies - Awarded to doctoral students on the recommendation of the graduate faculty in their program.

2011 Mattoon-Kline Endowed Scholarship - Awarded to an academically outstanding student in Human Development and Family Studies with a focus on adult development and aging.

2011 Dr. Howard A. Rosencranz Memorial Scholarship - Awarded to an academically outstanding student pursuing coursework in adult development and aging.

2008 Jack Kent Cooke Continuing Scholar - Awarded to previous Undergraduate Jack Kent Cooke Scholars who are pursuing a graduate degree and have demonstrated strong academic performance.

2008 Trinity College Psychology Prize - For outstanding academic achievement in psychology.

2005 Jack Kent Cooke Undergraduate Transfer Scholar – Based on academic achievement and critical thinking ability, financial need, will to succeed, and breadth of interest and activities. Awarded to the nation’s top community college students transferring to a four-year college or university.

2005 All-USA First Team Scholar - Based on outstanding academic achievement and, campus and community service. Awarded nationally to 20 community college students and featured in USA Today.

2005 New Century Scholar – Awarded to the top two-year college scholar in CT.

2005 Guistwhite Scholar – National award given to 20 community college students based on academic achievement and participation in Phi Theta Kappa programs that emphasize scholarship, leadership and service.

SELECTED COMMUNITY SERVICE HONORS & AWARDS

- 2007 Michael Garil Courage Award - Given by the CT chapter of the Leukemia and Lymphoma Society in recognition of perseverance, determination, and courage during times of great challenge.
- 2005 CT Department of Higher Education Leadership in Community Service – Recognizing sustained and continued community service in the higher education community.
- 2004 Vincent Geraldine Lesunaitis Scholar – Based on academics and community service.
- 2003 Coca-Cola Scholar - Based on academic success and completion of 100 hours of community service within a 12 month period.

SELECTED COMMUNITY SERVICE ACTIVITIES

Mental Health Association of Franklin and Fulton Counties

2015 – present Individual & Family Satisfaction Team's Steering and Advisory Committee

Summit Community Health

2013 – present Summit Community Health Nutrition Task Force

American Cancer Society

2013 – present Relay for Life Event Planning Committee (PA)

2004 – 2008 Relay for Life Event Planning Committee (CT)

Nikki's Run Walk 'N' Roll 5K

2003 – 2010 Organizer - Annual fundraiser for pediatric cancer research and support programs

Connecticut Cancer Partnership

2009 – 2013 Joint Treatment/Survivorship Committee Subcommittee

2011 – 2013 Disparities Resource Team

Leukemia and Lymphoma Society (Central CT Chapter)

2003 – 2013 Patient Services Advisory Committee member

2004 – 2009 Legislative Advocate

2001 – 2008 First Connection Volunteer

2003 – 2006 Light the Night Committee member